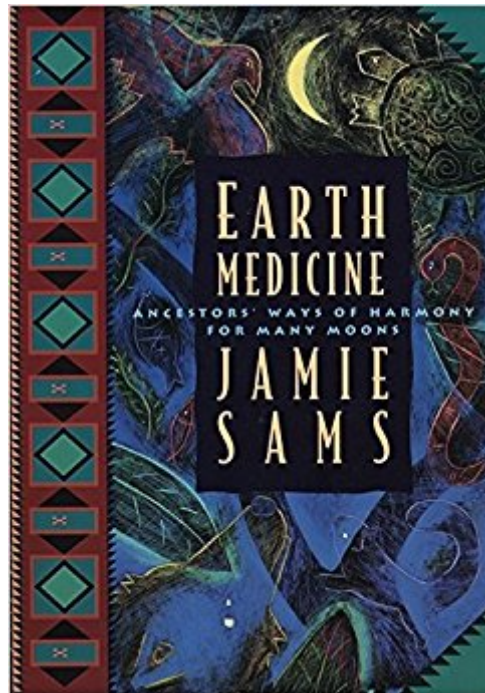




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Earth Medicine: Ancestor's Ways Of Harmony For Many Moons



Synopsis

The true spirit of Native American ways of knowing shines through in these heartfelt meditations, poems, and stories. In 364 daily offerings organised according to the cycles of the moon, Jamie Sams offers stirring and poetic insights into the spirituality of the earth, connecting with our communities, and our own soul journeys. Based on Native American creeds and legends, these meditations cut to the heart with their honesty, beauty, and authenticity. Sams teaches such grounded lessons as how to face an unknown future with confidence and conviction, how to rediscover the joy of curiosity, and how to develop a true intimacy with nature.

Book Information

Series: Healing Arts

Paperback: 400 pages

Publisher: HarperOne; 1st edition (October 7, 1994)

Language: English

ISBN-10: 0062510630

ISBN-13: 978-0062510631

Product Dimensions: 5 x 1 x 7.1 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 47 customer reviews

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Around the Year with One of Today's Most Beloved Native American Teachers The true spirit of Native American ways of knowing shines through in these heartfelt meditations, poems, and stories. In 364 daily offerings organized according to the cycles of the moon, Jamie Sams offers stirring and poetic insights into the spirituality of the earth, connecting with our communities, and our own soul journeys. Based on Native American creeds and legends, these meditations cut to the heart with their honesty, beauty, and authenticity. Sams teaches such grounded lessons as how to face an unknown future with confidence and conviction, how to rediscover the joy of curiosity, and how to develop a true intimacy with nature. All those who have come to cherish the warmth and wisdom of Jamie Sams's spirit-filled voice--as well as those meeting her here for the first time--will find in her

teachings a generous, challenging, and always consoling source of daily inspiration.

Jamie Sams is a member of the Wolf Clan Teaching Lodge. She is the coauthor of *Medicine Cards*, *The Discovery of Power Through the Ways of Animals*, author of *The Sacred Paths Workbook*, and (with Twylah Nitsch) *Other Council Fires Were Here Before Ours*.

Great book!

Very spiritual, and thought provoking. Enjoying it very much.

Great product....fast shipping

This book is amazing. Pulls all my spiritual feelings together in the most beautiful stories and poems. They resonate within and without me.

Love this author, I have several other of her books and the Totem cards and book.

Very pleased. Was recommended by a friend.

Good book, have bought several copies.

great insight

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